
Facilitating Family Learning on Work & Life balance



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Project No: 502889-LLP-1-2009-1-LT-GRUNDTVIG-GMP

FAMILY results and activities

Upcoming events



Grundtvig In-Service Training Course

“Balancing work and family responsibilities through information, motivation, consultation and training”

11 – 15 of June 2012!

Facilitating family learning on work and life balance – FAMILY

Project “FAMILY” is funded by the European Commission to raise awareness of the employees having problems in reconciling family and work responsibilities about different EU policies regarding work and life balance and their implementation at Member States via adopted national legislation. FAMILY encourages working family members to learn more about different family-friendly measures at workplaces via developed during the project **The Collection of Good Practices** as well using the **e-Hanbook on DVD “Family Learning on Work & Life Balance”**. As well it aims to provide tools for family consultants to assist those family members who have problems in reconciliation of work and family responsibilities. The innovative approach to family learning on work & life balance increases the capacity of the employees having problems in reconciliation of work and family life to lobby for implementation of family-friendly measures at their workplaces and as a result, to remain active on the labour market.

International final conference

The biggest event concluding the project was a final international conference held on 8th of July 2011 in Kaunas, Lithuania. The main aim of the conference was to present the outputs developed during the project and to learn about the work and life balance initiatives in other countries.

The event was attended by all project partners from Finland, Germany, Italy, Latvia, Lithuania and United Kingdom. The welcome speeches were made by the representatives from the Ministry of Social Security and Labour of the Republic of Lithuania, representative from Lithuanian Parliament, Lithuanian Equal Opportunities Ombudsperson, honourable guest – Deputy Chief of Mission from the Embassy of the United States in Lithuania. Very interesting and relevant approaches towards reconciliation of work and family responsibilities in other countries have been presented by the guest speakers from the Netherlands, Norway, and Spain. The audience dominated by the representatives from diverse trade unions, family associations, adult educators, employees and the employers themselves had a chance to learn more about the national initiatives as well to network with other stakeholders in the field during the exposition of good practices and projects on work-life balance.



At the end of the conference all participants adopted the **Recommendations** for politicians and government officials, where inter alia the following requests were emphasized:

- to ensure gender equality planning at workplaces *de jure* and *de facto* emphasizing the importance of family-friendly measures;
- to ensure financial support for educational and other initiatives at national, regional and local levels in order to promote men’s role in the family, equality between women and men and reconciliation of work and family life;
- to ensure that the European training course “Facilitating family learning on work-life balance” will be implemented via national programs.

You can download all presentations made during the conference as well as Recommendations and all other information about the outcomes from the project’s website: www.family-learning.eu.

Balancing work and family responsibilities through information, motivation, consultation and training

Grundtvig Reference number: LT-2012-027-001

Preparation

The training course refers to the experience drawn from Grundtvig project FAMILY: Facilitating family learning on work & life balance (www.family-learning.eu). The course is intended for **adult education providers, centres for guidance and counselling, trade unions**.

The aim of the training

- to raise awareness of the participants about the need for encouraging initiatives of employees to get involved themselves in implementing family-friendly policies at their workplaces;
- to introduce the new concept of successful work with employees having work and life reconciliation problems through positive personal experience of families who benefited from family-friendly measures at workplaces;
- to teach the participants of the course how to work with families having problems by using the ICT-based training material "Family learning on work & life balance".

The training methodology is based on the balance between theory, shared experience and practical parts, and active participants' contribution to discussed subjects and themes. The training will consist of experiential, co-operative, active learning methods with innovative materials such as *e-Handbook*, *Collection of Good Practices* (brochure with success stories and DVD with 8 videos in the field, 3 cases of good practices from the State of Art Review regarding implementation of family-friendly measures at workplaces), exercises, group work and discussions, analysis of case studies, group and personal reflections. The power-point presentations of the theoretical background will be integrated in the training course.

Training sessions:

Start date and time 11.06.2012; 9.30
End date and time: 15.06.2012; 16.30

MAXIMUM NUMBER OF PARTICIPANTS ENVISAGED: **20**

FEE IN € FOR ACCOMMODATION AND MEALS INCLUDING:
Accommodation, subsistence (3 meals): **600**

COURSE FEE IN €: **750**

CANCELLATION FEE IN €: **200**

CANCELLATION RULES: **In case of cancellation less than four weeks before the course.**

Both the course fee and travel expenses can be fully covered by Grundtvig grant from the LLP National Agency of your country!

For information place contact your National Agency at:
http://ec.europa.eu/education/lifelong-learning-programme/doc1208_en.htm.

You can also participate in the course on your own or your organisation's contribution.

PROGRAMME OF THE TRAINING ACTIVITIES (DAY BY DAY)

Day 1: Monday, start: 9.30

- Welcome and opening.
- Presentation of the participants and their institutions.
- Participant's expectations.
- Introduction to course: presentation and short session about the need for bottom-up initiatives encouraging involvement of employees themselves in implementing family-friendly policies at their workplaces.
- Discussions on the challenges of balancing work and family responsibilities.

Day 2: Tuesday

- Improving quality of working life: Overview of policies and practices for family-friendly workplace at European and national levels.
- Arrangements in cases of maternity/paternity leave and "time-out".

Day 3: Wednesday

- Support services for childcare and pre-natal and post-natal arrangements for protecting and supporting women in the workplace.
- Possibilities for dealing with responsibilities to care for long-term disabled and elderly people and other dependents.

Day 4: Thursday

- Possibilities for flexible working time arrangements.
- Additional opportunities for services provided by companies for employees and their families on the basis of collective or other type of agreements.
- Opportunities for education, training and career development when experiencing problems in work & life balance

Day 5: Friday, end: 16.30

- Discussion: How to encourage employees to get involved themselves in implementing family-friendly policies at their workplaces.
- Group work: creation of action plan for work with employees-family members having problems to reconcile work and family responsibilities.
- Presentation of the group work. How can we use the knowledge gained in this course in our work when we get home?
- Course evaluation.



Training materials

The tool-kit containing e-Handbook, Brochure with Collection of Good Practices, and DVD with subtitled video in EN, DE, FI, IT, LT and LV will be available for the participants at the beginning of the course.

Type of Certification of Attendance

All participants who completed the training course will be provided the Certificate of Attendance in English.

Language of instruction: ENGLISH

Trainers from Finland, Germany, Italy, Latvia, Lithuania, United Kingdom.

Place: Kaunas, Lithuania



- Kaunas Region is the central Region in the country.
- It is the geographical, educational, as well as industrial and transport centre of Lithuania.
- Population of Kaunas city is nearly 350.000.
- Kaunas Region is the second largest centre of research and development in the country.
- There are 11 universities, 6 colleges and 17 vocational training schools in Kaunas region. Around 66,9 thousand people study at these educational institutions.



How to register:

1. Fill in the Social Innovation Fund **registration form** (download it from our website)
2. Send it to Social Innovation Fund – contact Diana Basinskaite, e-mail: d.basinskaite@lpf.lt
3. Wait for a letter of invitation - pre-registration form - from the organizing institution (SIF)

How to apply for a Grundtvig grant:

Please note: candidates can apply for a grant through their National Agency. Each candidate's application will be individually assess by the relative National Agency.

1. Contact your National Agency to get an application form
http://ec.europa.eu/education/lifelong-learning-programme/doc1208_en.htm
2. Send the completed application form and the letter of invitation from the organising institution (SIF) to your National Agency.
3. Wait for approval and contact the organising institution (SIF) to confirm your pre-registration (also contact them in case you have not been awarded a grant)

The deadline for submission of application to your National Agency is 16th of January 2012!!!

FOR MORE INFORMATION

Please contact Project Coordinator:



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or insert the Course Reference Number (**Grundtvig: LT-2012-027-001**) in the first fill-in box at the Grundtvig Training Database: <http://ec.europa.eu/education/trainingdatabase/>