



EMPOWER Newsletter

Issue 3
November 2017

Welcome to the 3rd EMPOWER Newsletter!

In this issue, you will find more information about our pilot training phase including feedback from the participants, and the Learning Hub!

What we have been up to

After thorough preparations, we were finally ready to start delivering the first phase of the 'EMPOWER Others' and 'EMPOWER Yourself' training programmes, as well as the 'EMPOWER Circles™' around springtime this year. We are very happy to say that it has been a great success, and at the time of writing the partnership has plunged into the second phase of female empowerment.



Our mission:

To equip vulnerable women with the confidence and skills they need to regain independence, and to equip support workers with the knowledge to support them in this.

Pilot Training

In the partner countries the pilot training sessions of 'EMPOWER Yourself' (for vulnerable women) and 'EMPOWER Others' (for support workers) started in Spring 2017. The participants developed their skills and confidence to increase their own employability or help their clients get back to work.

United Kingdom

Time truly flies when you're having fun. The Inova team started its training in January of this year, working with a very committed and enthusiastic group of support workers and volunteers. Around April, it then ventured out to York to deliver training at the all-female open prison facility, HMP Askham Grange. It was an amazing experience that will never be forgotten. Inova is currently close to finalising the second round of training, and is looking into opportunities for further delivery. They just can't say goodbye to it just yet!



Greece

The success of the EMPOWER programme reaches all over Europe, including Greece, where our partner KMOP delivered the training. Participants unanimously testified that the programme has increased their confidence, and that they developed the skills needed to find a job or even to start their own business. The group of support workers and volunteers added that they had been given great support in further developing their skills on how to support vulnerable women to integrate in the labour market.



Iceland

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Our EMPOWER mission includes helping participants expand their networks. This was very much appreciated in Iceland. The women found it very useful and important to meet others in similar life situations, because due to language barriers and social connections they often feel isolated. The group of support workers added that they really appreciated the opportunity to discuss their challenges at work in a safe and confidential environment during the 'EMPOWER Circles™'

Lithuania

The EMPOWER partnership believes in diversity, and it was therefore great to see two men participating in the 'EMPOWER Others' training in Lithuania. Some of the support workers travelled all the way from Alytus to Kaunas (60 kilometres), where the training was being delivered by the Social Innovation Fund. It goes without saying that we are very proud of these achievements and the reach our project has managed to



build up.

E-learning Hub

The EMPOWER Learning Hub, our online training platform, is available for all! The Hub includes training packages for support workers (both professionals and volunteers) and for women wishing to (re)enter the labour market.

Both the 'EMPOWER Others' and 'EMPOWER Yourself' training packages consist of 8 Units and are available in 4 languages: English, Greek, Icelandic and Lithuanian.

Sign up now at: <http://empower.kmop.gr>

For more information, contact Leonie Sloots at lsloots@inovaconsult.com

www.empowerwomen.eu





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