



Ministry of Social Security
and Labour of the
Republic of Lithuania

The project is funded by the Ministry of Social Security and Labor of the Republic of Lithuania

Digital Generations: Youth Helping to Develop Older Adults' IT Skills

2026

Project objective: To develop older adults' IT skills through joint activities involving youth and older adults, thereby strengthening their digital financial literacy and practical use of the latest IT and artificial intelligence tools.

Project coordinator: Social Innovation Fund

Project partners: Public Institution "Keturlapis Dobilas Senior Day Center," Kaunas District University of the Third Age, and Public Institution "Actio Catholica Patria"

Two direct target groups have been selected based on the project's different areas of impact:

1. Older adults (60+) - residents of Kaunas City and Kaunas District seeking to develop and improve their skills in information technology, artificial intelligence, and digital financial literacy.

2. Youth (ages 14 - 29) - young volunteers who, during the project, will be trained to help older adults learn to use modern technologies, advise them during practical sessions, and promote intergenerational collaboration.

The project "**Digital Generations: Youth Assistance in Developing Older Adults' Information Technology Skills**" is designed to systematically reduce the digital, informational, and financial exclusion of older adults in the city of Kaunas and the Kaunas district. The project addresses a pressing social issue - the insufficient ability of older adults to use modern information technologies, electronic public services, artificial intelligence tools, and digital financial services. Due to rapid technological development, many older adults face a fear of technology, a lack of practical skills, difficulties accessing information, and a higher risk of fraud.

The project is based on the principle of intergenerational collaboration - young people become learning partners and mentors for older adults, helping them not only to acquire practical digital skills but also to build self-confidence in using modern technologies. In this way, social inclusion, a sense of community, and mutual understanding among different generations are strengthened.

The project's activities form a coherent chain of impact:

1. Analytical activities. A study is conducted on the information technology skills, needs, and learning opportunities of older adults. The research consists of a qualitative analysis (focus groups with experts) and a quantitative survey, which allows for an assessment of the target group's digital skills, motivation to learn, most common challenges, and the most relevant training topics. Based on the study's results, recommendations will be developed for the content of training programs and the organization of activities.

2. Educational Activities. Based on the study results, two training modules - "Introduction to Artificial Intelligence" and "Digital Financial Literacy" - will be developed, tailored for blended learning. The partner, the public institution "Actio Catholica Patria," trains at least 15 young volunteers who assist older adults during practical sessions. Motivational events, in-person training sessions, individual consultations, and remote support are organized, involving at least 150 older adults in joint activities.

3. Information and Publicity Activities. The educational materials developed during the project are publicly available on the Social Innovation Fund's website, and project activities are publicized on websites, social media, and through partners' information dissemination channels. This ensures the sustainability of the project's results, the dissemination of best practices, and the opportunity for self-directed learning even after the project ends.

4. Activities to strengthen intergenerational cooperation. Throughout the project, young people and older adults participate in joint practical activities and individual consultations. These activities build mutual trust, reduce social exclusion, encourage volunteering, and contribute to older adults' more active and secure participation in the digital society.

The project contributes to reducing the digital divide, increasing the independence and safety of older adults in the digital environment, and strengthening intergenerational solidarity.

AGREEMENT ON THE USE OF STATE BUDGET FUNDS NO. JVAŽ11215

Project funding amount:

2026 – 50,351.00 EUR