

## THE CONSORTIUM

Stay Safe is a transnational project co-ordinated by **Anziani e non solo** and involving 6 organisations from 6 countries:

- EDRA (Greece)
- Fundacion Intrus (Spain)
- Safe Space (Portugal)
- Porto University (Portugal)
- Social Innovation Fund (Lithuania)
- Eurocarers (Belgium)



#STAYSAFE\_PROJECT



WOMEN WITH MENTAL DISABILITIES  
HAVE THE HIGHEST RISK TO BE VICTIM  
OF VIOLENCE

WOMEN WITH DISABILITIES ARE LESS  
LIKELY TO DISCLOSE VIOLENCE OR  
SEEK HELP

WOMEN WITH DISABILITIES ARE  
OFTEN UNAWARE THEY ARE  
BEING ABUSED



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GRANT AGREEMENT  
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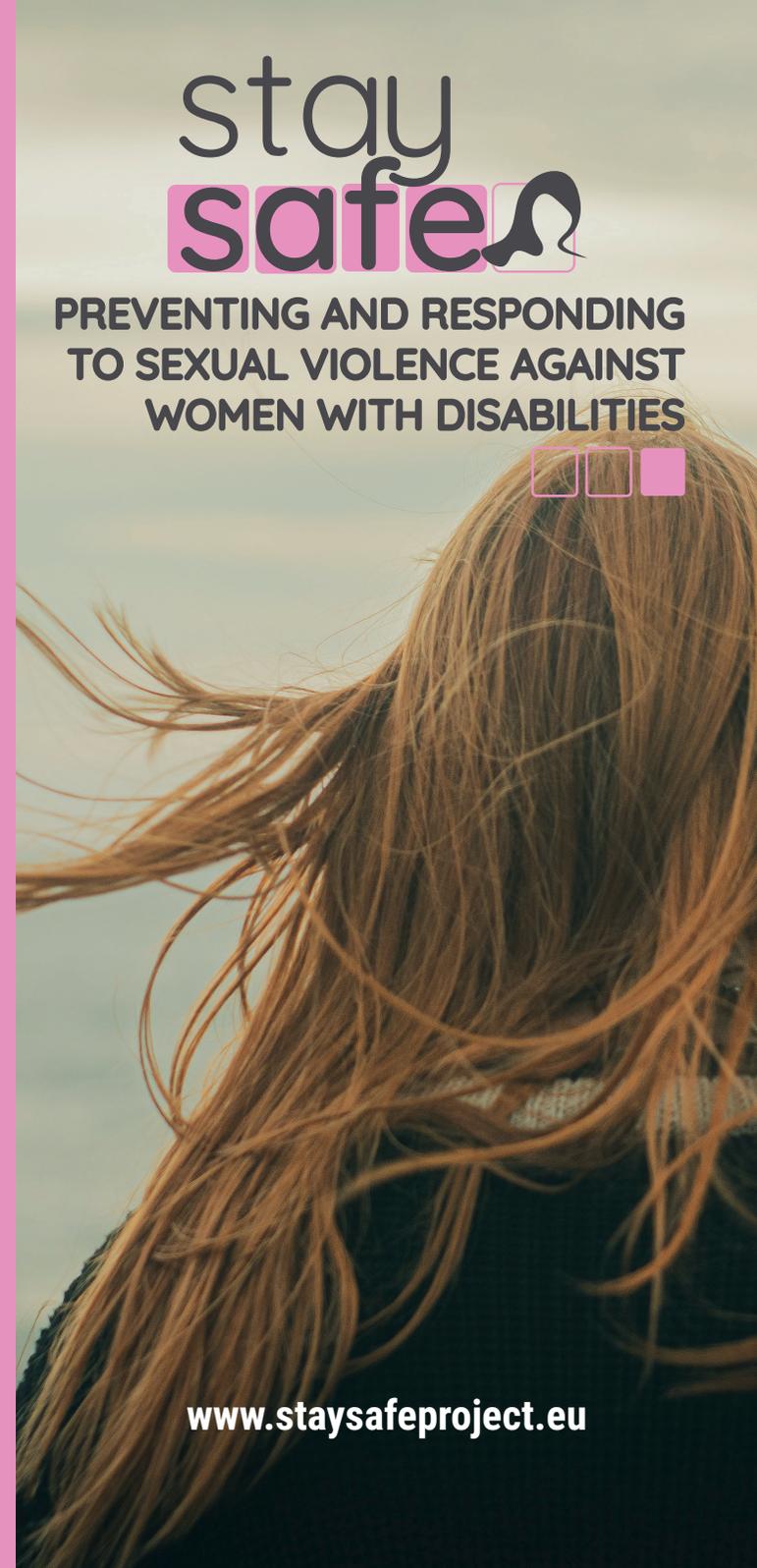
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# stay safer

## PREVENTING AND RESPONDING TO SEXUAL VIOLENCE AGAINST WOMEN WITH DISABILITIES



[www.staysafeproject.eu](http://www.staysafeproject.eu)



A systematic review and meta-analysis of the global prevalence and risk of violence against adults with disabilities published in the Lancet during the past years, found that overall adults with disabilities are 1.5 times more likely to be victims of violence than those without a disability. Women with mental disabilities, in particular, have the highest risk to be a victim of gender based violence and often unable to disclose violence or seek help.

**This is due to:**

- women being unaware they are being abused or recognizing ill treatment –thinking it is normal;
- a cognitive inability to comprehend what is happening;
- dependence on partner and/or fear of losing partner or children;
- fear of institutionalization, lack of screening for violence, not being aware of her rights and laws to protect her, and lack of access to information on prevention or protection.

## OBJECTIVES

The project intends to support the behavioural change on the target group by making use of an educational technique which is considered particularly suitable for the target group. This will be based on a training model (both online and offline) addressed to women and professionals.

In detail the project aims at:

### DEVELOPING AND TESTING A TRAINING MODEL

The model is based on creative drama technique targeting women with mental disabilities and professionals to recognize, react and report to sexual harassment episodes.

### RAISING AWARENESS

Among professionals (psychologists, social workers, medical staff, carers, etc.), working in the disability field of the risk of sexual harassment to which mentally disabled women are exposed and to provide them with instruments to replicate the training programme

## EXPECTED RESULTS

### WE EXPECT WOMEN INVOLVED IN THE PROJECT TO:

1. Recognise abusive behaviors and name the violence when this is perpetrated against them
2. Increase their willingness to report situations where they've been victim of a sexual assault
3. Be more capable and actually confident to report a sexual harassment
4. Be more inclined to ask for help when needed

### WE EXPECT PROFESSIONALS ACTIVELY INVOLVED IN THE PROJECT TO BE:

1. More likely to report cases of violence when they see them
2. Able to promote a more favorable environment for women who report violence
3. More willing to support victims of violence in case of need.

